

May 2002

**Parish News & Views
From St Andrew's Church**

FREE! **Kildwick,
Farnhill &
Cross Hills** **FREE!**

*Available each month from Kildwick Church, Cross Hills Library,
Farnhill Village Stores, the Health Centre, Riddiough's, Thornton's,
Malcolm Whitaker Carpets, the White Lion, and other local outlets.*



Dear friends,

Alleluia! Christ is risen. He is risen indeed. Alleluia!

Our joyful celebration of Easter continues and we continue to sing our Alleluias as we proclaim the good news of the resurrection of Jesus our Lord. At our recent Quiet Day we were reminded that we are 'an Easter people'; our faith is centred in a person who died and rose again and wants us to share in that risen life.

The Easter season ends with the Day of Pentecost (Sunday 19th May) when we celebrate God's gift of the Holy Spirit. The preceding nine days (after Ascension Day until Pentecost) are days of prayer and preparation for this celebration of the outpouring of the Spirit. During this time the Church prays '*Come, Holy Spirit, renew your whole creation*'.

For our celebration of Ascension Day this year (Thursday 9th May) we will welcome our Archdeacon, the Venerable Malcolm Grundy, as our preacher. It will also be the first service for our new organist, Mike Murphy. You will read more about Mike elsewhere in this magazine. Suffice it to say that we are very much looking forward to having Mike as part of our church's life.

The Easter season ends with a strong reminder that God's people are called to take the message of the gospel out into the world with confidence and show people that the Kingdom of God is among them.

It is the Kingdom of God and its values that we are called to proclaim. The challenge is to recognise that these values are often radically different from the values of the world.

I recently attended a day conference in Skipton run by the Craven Development Education Centre. It was a conference looking at diversity in faith and culture, titled 'Respecting Difference'. We don't have to look very far to understand how important such a conference is. Within our own communities we can find division formed by a lack of understanding of those who may be different from ourselves and prejudice towards minority groups.

The Kingdom of which the Christian gospel speaks has no place for such attitudes. Jesus showed us that we are to reach out to all, especially the poor and the marginalized. The Kingdom is about justice and righteousness.

Showing an open acceptance of those who are different is not always easy, but if we are to build communities which are inclusive of all God's people we must make every effort to show an increasing depth of love, mercy and forgiveness towards all our neighbours.

Jesus taught us to pray for the coming of the Kingdom and gave us the Holy Spirit to enable us make the Kingdom a reality.

'Come Holy Spirit, fill the hearts of your people and kindle in us the fire of your love.'

When we go to the market we have the right to assume that the weights and measures for the fruit and Vegetables are honest. It meat is off, supermarkets are bound by law to give us our money back. We can readily think of all sorts of rules like these to protect us. These rules build up the life of our communities. Rules of the road are designed to protect people, keep them from crashing search and killing each other. Laws against tax evasion protect the common good and the equality of each person before the law

We are also subject to rules and rule makers, that are not so not so obvious. As we wander round the marketplaces near our homes, picking out produce and having it weighed, we are not so aware of these invisible rule-makers. The rules that poor countries have to follow in international trade are determined by the rich countries and the international institutions that they control (like the International Monetary Fund and the World Trade Organisation, or WTO).

Under pressure, poor countries open up their import markets or change standards of care for the environment. They open up local markets to dumping by international companies. All this has a profound impact on local markets, whether in India, or Brixton or Belfast. Institutions like the WTO have become so powerful that many observers think that they are running the world. Samir Amin, Political Economist,

Christian Aid is campaigning to press for rules that help people get out of poverty

said in 2001: *"The World Trade Organisation Is ruling the economic system by trying to impose business law. What we need is a law for the people"*

His words are an echo of one debate that was important to Jesus. For the Jews of is day, keeping the Sabbath was an important rule, part of the rhythm of life that would allow for prayer, rest and reflection amidst lives of hard work. Jesus argued that the Sabbath was intended for people, for them to be mended and refreshed. It was not a popular position with people who were learned and observant, like the Pharisees.

As he prepares to heal a man on the Sabbath -Mark 3 :4- Jesus asks, *"Is it lawful on the Sabbath to do good or to do harm, to save life or to kill?"* We hear that *"the Pharisees remained silent, and Jesus grieved at their hardness of heart"*

There are many good rules. But as Christians who try to follow Jesus, we will look carefully all rules. and laws. We will try to understand whether they build up or destroy the community. We will look for the best rules that save lives and heal. We might try to change rules that waste lives, and allow people to be wrecked by poverty.

In many cases~ international trade rules are driving people deeper into poverty, rather them helping them get out. Christian Aid is campaigning to press for rules that help people get out of poverty



Traidcraft

After Easter, reminded again that we Consume a great deal of chocolate – in fact all our best sellers are sweets – it is worth remembering what a difference it makes when the cocoa is bought from the producers for a fair price.

"I'm very happy that we have this well; I've never seen clean water like this before."



said 13 year-old Desmond Mensah, as he used the first ever pump in his village in Ghana. It was paid for by money from the premium, earned by the farmers' organisation Kuapa Kokoo, on fair trade sales of cocoa.

Don't forget the Traidcraft Stall each week after the 10.30 a.m. Service.....try the dried mango - its yummy!!!!



Last year Christian Aid launched a new campaign called **Trade for Life**. International trade is worth £6 million a minute and is growing all the time. But the benefits are not being shared by everyone. The rules that govern the way countries trade with each other are

biased in favour of the rich world. Poor people and poor countries are losing out.

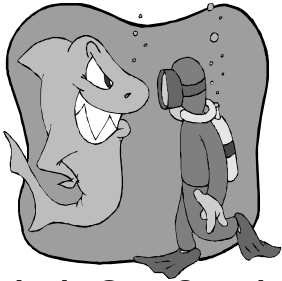
Christian Aid is campaigning, with others, to change the rules of international trade and to make tackling poverty their main aim. We believe that, with the support of millions of Christians and other people who feel strongly about injustice, we can make trade work for poor people, not against them.

We have been inspired by a verse from Amos, which will be read in thousands of churches during Christian Aid week:

"Skimping the measure, boosting the price and cheating with dishonest scales... The Lord has sworn ' I will never forget anything they have done."

You may already have seen the unbalanced scales which are the campaign badge.

To find out more visit www.christianaidconnect.org



Splash Out for the Church Army.

Saturday 6th July at 1.30pm.
A Chance to Walk Across
Morecambe Bay.

Under the watchful eye of an experienced guide the walk will commence at Hest Bank (Just north of Morecambe) and cover 9 miles of fairly firm sand and some knee to thigh depth water. A tractor and trailer will be on hand for anyone who wishes to be ferried across the Kent estuary. A coach will be waiting at Orange over Sands to transport back to Hest Bank at approx 6pm.

The cost is £5.00 per walker to include the coach fare.

To Register for the walk please give your name to Isobel Stirk Tel No 653997. If possible before the end of May.



Kildwick School Concert
Tuesday 28 May.

There will be concert in church at 6 p.m. Lasting approximately 45 minutes given by the children of our own church school. All welcome.

Please book the date and come along to support our young people.

The Best of Both Worlds

Bradford Diocesan Summer Camp
Hothersall Lodge, Hothersall, Longridge,
Lancashire.

Dates

Family camp	23rd-27th July
Children 9-11	29th July-2nd August
Youth 12-14	5th-9th August
Young Adults 15-17	12-16th August

If you are interested in finding out more about these excellent camps contact Jane Carter on 01535 604350.

Some of our young people have been on these camps in the past and have thoroughly enjoyed them but you need to book early. More information at the back of church.

Bake a cake

Villages of Kildwick and Farnhill are invited to help stock the Open Gardens Cake Stall on May 5th.



If you are able to help in this way please take them to Jill Ideson 35 Main Street Farnhill on May 4th.

Thank you very much in anticipation.

Taize comes to Sutton

On Sunday evening 14th April I went to the South Craven Baptist Church for the CDFC United Service, Taize style.

Entering the church the instant focus was the large cross, outlined in light, high on the opposite wall. Below the cross, scattered tiny candle flames, many colours against the dark blue carpet.

The evening light was soft through the partly closed curtains, the atmosphere quiet and thoughtful.

This was a beautiful and uplifting service and I look forward with joy to another

After Robin's brief introduction the service began, the chants starting gently with the music group, taken up by Lesley, the cantor, and swelling as we all joined in. The cantor and the instruments enriched the sound with harmonies before it faded and ceased. Quiet readings were followed by silences for contemplation, the

intercessions simply spoken against a background of softly repeating music and chant. This was a beautiful and uplifting service and I look forward with joy to another.

Pam Brown

Parkinson's Disease Ecumenical Service

On Sunday 7th April to mark the beginning of Parkinson's Awareness week, a short afternoon service, taken by Revd Canon Adrian

Botwright, was held in Holy Trinity Church Skipton. Over 80 people, of all ages and many faiths, attended, many having traveled

considerable distance to be there. There were members of Keighly, Harrogate and Shipley PDS Branches as well as the Area Representative who lives in Lincoln.

Beside readings by members of the Skipton Branch the address was given by Revd Margaret Lawdor, who was at one time Methodist Minister at St. Andrew's Skipton. Sadly she now has the disease, but this did enable her to speak from the heart and give advice to carer and sufferers alike. After the service tea and biscuits were served in the church rooms and this gave everyone the opportunity to socialise. Helped by the glorious spring weather, this was a happy occasion and it is hoped that will be a similar service next year.

Chris Sutcliffe

Basic Computer skills for the over 50's

Are you over 50 and interested in learning to use a computer?

You do not have to own a computer and the scheme is free of charge

If you would like more details contact 01535 634097.



Services at Kildwick Church

Morning Prayer will be said at 7.30am Tuesday to Friday
Evening Prayer will be said at 4.45pm Tuesday to Friday
Pram Service for re-school children in church Tuesdays at 10am
Holy Communion Wednesdays at 9.15am

Sunday 5th	The Sixth Sunday of Easter
8.15am	Holy Communion Order 2
9.30am	A short informal child-friendly service for families.
10.30am	Holy Communion Order 1
6.30pm	Said Evening Prayer
Thursday 9th	Ascension Day
7.30pm	Festival Eucharist
Sunday 12th	The Sunday after Ascension
8.15am	Holy Communion Order 1
10.30am	Holy Communion
6.pm	CDFC United Service St. Thomas Sutton
Sunday 19th	Pentecost
8.15am	Holy Communion Order 2
10.30am	Holy Communion Order 1 with baptism
6.30pm	Said Evening Prayer
Sunday 26th	Trinity Sunday
8.15am	Holy Communion Order 1
10.30am	Holy Communion Order 1
6.30pm	Evening Prayer

May 5th 9.30 a.m. Sunday Special
 Come and join us for our short informal child-friendly service
 followed by drinks and biscuits in the Parish Rooms

Ascension Day May 9th 7.30 p.m.
 Festival Eucharist
 Preacher The Venerable Malcolm Grundy, Archdeacon

What's On?

To advertise your local event for FREE on this diary page,
phone 01535 633887.

Please note that items for next month's magazine need to be
with us by 18th May



- 1st NISCU AGM and celebration 7.30 p. m. St. John's Settle
- 5th Kildwick and Farnhill Open Gardens Day
- 9th Ascension Day Festival Eucharist 7.30 p.m.
- 11th - 18th Christian Aid Week
- 14th Banner Group 10.30 a. m. Parish Rooms
- 14th PCC 7.30 p. m. Parish Rooms. Alan Robertshaw headteacher of Kildwick School is coming to discuss church/school links
- 19th Pentecost Picnic church green after 10.30 a. m. service
- 19th Tea and Scones for Christian Aid
- 21st Archdeacon's Visitation 7.30 p. m.
- 22nd Deanery Share meeting 7 p. m. St. Mark's Utley
- 28th Kildwick School Concert 6 p. m.

2nd June 10.30am Service of celebration for H.M the Queen's Golden Jubilee, followed by a picnic and games on the church green.



From the Registers

14th April Tammy and Harvey Clarke
Jessica Whitaker

"We welcome you into the family of the Church"

30th March Sean Middleton and Sharon Evans
"May they live together in love"

Other Regular Events

Sunday	10.25am 7.30-8.30 pm	KICKs in Parish Rooms YAK (Youth at Kildwick for 11s-18s at the Vicarage)
Tuesday to Friday	7.30am 4.45pm	Morning Prayer Evening Prayer
Tuesday	10.00 am	Pram Service (a short service for all pre-school children)
Wednesday	6.30-7.30 pm 8.00 pm	Bubble Jets and Lazer Jets (for 4-11+ in the Parish Rooms) Bellingring Practice
Thursday	2.00 pm	Open House (Refreshments and items for sale in the Parish Rooms)
	7.30-8.30 pm 7.30 pm	Choir Practice (in church) Harvesters Bible Study Group (Parish Rooms)

Kildwick Parish Meeting

18th April 2002

The meeting elected a chairman and clerk for the year 2002/2003. The Parish financial statement was approved by the meeting.

Several planning matters were discussed including:

- the industrial estate lighting
- The 15m tree screen that has been planted around the estate
- The old bridge should be back in action soon, as the strengthening work is nearly completed, after which the Bailey bridge will be removed.

Farnhill Pinnacle refurbishment is progressing but due to access problems it is quite a slow business. However the work will be thorough and should be completed mid summer.

It has been reported that Romany Jones is now out of prison again and is in the district. He specialises in stealing stone flags and slates - please be alert!

A street light requires repairing up Priestbank road.

Farnhill Parish Council

The Annual Parish Meeting is to be held on 25th April 2002 at 7.30pm in the Institute.

Areas of interest:

- The Crossings Industrial Estate
 - Traffic calming scheme from the culvert to Grange road.
 - Village improvements at Lower Arbour. Repairs to lighting in Main Street.
 - Closure of shop and Post Office
 - Play Area on Main Street.
 - Jubilee celebrations
- If you are a resident in Farnhill please do come to the meeting.

Is there any news from Crosshills?

The Bridge will be happy to publish news and views from Cross Hills, just send your information to Lesley Hudson Burnside, Bucklar Hill Farnhill,

Email lesley@kildwick.org.uk

Open Gardens Day

Kildwick and Farnhill are holding an open gardens day on May 5th between 1-6pm. 11 gardens including Kildwick Hall's Jacobean Gardens are on show.

Tea and scones will be available in the Parish Rooms, plants and a cake stall will be on sale at Kildwick Hall where you also can have a cup of tea or a glass of wine.

There will be a Prize Draw with a £250 garden voucher as the top prize and many other prizes.

A mini bus will be taking those who don't want to walk around the gardens.

Review of the Pattern of Services

Worship is central to the life of a Christian community. It is in and through worship that we can most profoundly encounter God and so be encouraged and challenged in our living out the Gospel day to day.

It is therefore important that the pattern of services offered is the right pattern to best serve the people of the local community. To ensure this is so it is prudent to review the present pattern of service from time to time and, if felt necessary, to make changes.

At a recent meeting the Worship Advisory Group spent some time looking at the present and thinking about the future. Some of the questions the group looked at were:

- In deciding upon a pattern of services for our church what do we want to achieve? What is the purpose of offering different services at different times on different days?
- What you consider are the strengths and weaknesses of the present pattern of services?
- For each service, is it continuing to serve its intended purpose in providing an opportunity for worship to part of our local Christian community?
- Being aware of the present diversity of the church community, and with the wider community in mind, what changes to the present pattern of services would you propose?

After a good discussion the group it was agreed that the time was right to make some changes. The significant changes would included the following:

- Stop the monthly 9.30am Sunday Special. (It was noted that numbers attending this service have reduced significantly in the last year or so.)
- Move the main Sunday morning service to 10.00am every week.
- Have an All-age/ Family Service at 10.00am each 1st Sunday of the month. This would not include Holy Communion.
- Move the Sunday evening service to 6.00pm every week.
- Offer a greater diversity of styles of services in the evenings through the month.

The proposed new pattern of services is as follows:

Sundays

	8.15 am	10 a.m.	6 p.m.
1 st of Month	Said Eucharist (order 2)	All Age / Family Service (non-Eucharistic). Sometimes with baptisms	Said Eucharist with hymns Sometimes sung to the setting. Sometimes with prayers for healing
2nd of Month	Said Eucharist (order 1)	Sung Eucharist (Order 1) with crèche and KICKS	Cross Hills & District Fellowship of Churches United Service
3rd of Month	Said Eucharist (order 2)	Sung Eucharist (Order 1) with crèche and KICKS. Sometimes with baptisms	.Choral Evensong (BCP)
4th of Month	Said Eucharist (order 1)	Sung Eucharist (Order 1) with crèche and KICKS.	Common Worship Evening Prayer or Taizé Style Service or Iona/Celtic Style Service
5th of month	Said Eucharist (order 1)	Sung Eucharist (Order 1) with crèche and KICKS.	Something else!! (e.g. Jazz Mass home grown service on a theme etc.)

Tuesdays 10.00am Pram Service / Meeting Point

Wednesdays 9.15am Said Eucharist (with prayers for healing once a month)

It was agreed that this pattern of services provides a creative range of worship opportunities for all people across the church community.

At its meeting in April the Parochial Church Council took note of the Advisory Group's report and agreed to the publication of the proposed new pattern in this month's *The Bridge* as part of a wider consultation process.

You are therefore invited to comment on the proposed changes as outlined above by the end of May. The Worship Advisory Group will then discuss all comments received and present a firm proposal to the PCC at its June meeting. This will give time for any approved changes to be publicised widely during July and August ready for introduction at the beginning of September.

Please put any comments in writing and return them to Robin Figg at the address on the back of the magazine by 31 May. Thank you.

Appointment of new Organist and Choirmaster.



Robin and the PCC are delighted to announce the appointment of Mr Mike Murphy as Organist and Choirmaster from Ascension Day, 9th May. Mike comes to us with considerable experience and expertise as both an organist and choir Director. A Yorkshireman, now living in Keighley, he was educated at Bradford Grammar and then Durham University, and went on to hold several positions as Head of Music in schools in Yorkshire and

beyond. He has been in demand as both an accompanist and soloist over the years and at present sings with The Aire Valley Singers and directs the Halifax Chamber Choir as well as an occasional liturgical choir based in Bingley. He has a special interest in Gregorian Chant and leads a monthly singing of the Latin Mass with Gregorian Chant in St. Anne's Cathedral.

He is looking forward enormously to joining us at St. Andrew's and contributing to the full spectrum of the music used in worship. In recent years he says he has found himself increasingly embracing a broader range of musical styles in worship, but firmly believes that it should always be good music. Believing there is a place for choir only music he nevertheless has spent much of the last 20 years securing the active participation of congregations, helped by choir and musicians. He is looking forward to developing the work of the choir in leading musical worship and to working with the Music Group as a keyboard player.

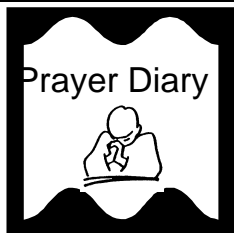


We had a wonderful time trying something we hadn't done before last Saturday (13th April). During the morning we each started a small project that had tempted us – from encrusted calico to ribbons on canvas and crewel work – and then we oohed and aahed over a series of banners brought by a visiting stitcher from Blackburn.

There was lots of laughter as we stitched away at samples never to be shown. We had a great day – and so we shall do it again. Watch this space!

In the mean time, if you are interested in joining the banner group, or finding out more, or if you would just like to have a go, please contact me, Gill Jowett, on 632405 for more details.

Next meeting: Tuesday 14th May, 10.30am upstairs in the Parish Rooms, all welcome.



*Suffering Saviour,
You weep as you hear the cries of the poor,
Forgive us who are deaf to their hurts,
And rouse us to tears of indignation at their plight,
That the dew of lives renewed may be the
Consequence of causes shared.*

- 1 Give thanks to God for the opportunities of the Emmaus groups
- 2 Pray for the work of the Crosshills and District Fellowship of Churches
- 3 Pray for all the staff and pupils of our local schools
- 4 Pray for the staff and patients of Airedale Hospital
- 5 Pray for wisdom for International leaders and decision makers

- 6 Pray for our own (}government and Members of Parliament
- 7 Pray for all who live under repressive regimes
- 8 Pray for all International Aid Agencies
- 9 Pray for Peace Negotiators, especially in the Middle East
- 10 Pray for all who suffer from HIV. and Aids.
- 11 Pray that all people may have access to medical care.
- 12 Thank God for His love for all people, and that each one is special.

- 13 Remember all who feel lonely and isolated.
- 14 Ask for God's blessing on our P.C.C.
- 15 Pray for all who suffer the agony of mental illness
- 16 Pray for all those who work to rebuild broken lives.
- 17 Pray that we may all seek to be peacemakers.
- 18 Thank God for His goodness and pray that we may love others as He loves us
- 19 Praise God for the gift of the Holy Spirit

- 20 Pray that we may allow the Spirit of God to work in our lives
- 21 Pray for our Bishop and staff Bradford Diocese
- 22 Pray for all churches in the South Craven Deanery
- 23 Ask God's blessing on Robin and Elizabeth and the boys
- 24 Remember the work of our Mission Partners the Castles in Uganda a
- 25 Pray that we may be ready to respond to God's love for us
- 26 Thank God for the freedom to meet together in fellowship and worship

- 27 Pray for all who are persecuted because of their faith
- 28 Remember our Link Diocese of Khartoum
- 29 Remember and pray for the Rev Stephen and Margaret Tirwomwe
- 30 Pray we may be ready to receive and learn from others
- 31 Give thanks to God for the wonder of His creation and pray for the environment

Out and About In May



*"In Springtime when the leaves are young
Clear dewdrops gleam like jewels, hung
On boughs the fair birds roost among
Christina Rossetti "*

This month the hedges and canal bank will be white with Hawthorn (White May) blossom and the woods full of bluebells scenting the air. A good place to see these is Farnhill woods from the canal bank, or Middleton and Spring Crag woods.

Jobs for the month

1. Look out for bargains in compost and grow bags. Many places have 3 for 2.
2. Keep on dead heading daffodils and narcissi.
- 3 Prune forsythia and other spring flowering bushes when they have finished blooming
4. Pot up plug plants as they arrive and keep frost free until end of month
5. Plant gladioli corms.
6. Treat potted fuchsias against vine weevil.
7. Scatter seeds of annuals to make drifts of colour. Cover lightly with soil, water and leave nature to do her work.

Plants rich in nectar will encourage bees and butterflies into our gardens. Here are a few suggestions: Buddleia, Ice plant (Sedum), Marjoram; Honesty, Fennel, Poached egg plant, Lavender, Sweet Rocket.

Cross Hills Naturalists' Society - May Events

- | | |
|----------------|---|
| Thursday 9th | Microscope Workshop 1845-2100 hours
Senior Citizen Centre, North Street, Sutton-in-Craven |
| Saturday 11th | Microscope Group field Day - Malham Tarn Field Centre.
Meet at Centre 1000 hours for the day. Take own food. |
| Saturday 18th | Annual Coach Excursion to Chatsworth.
Departs Crosshills Health Centre, 0845 hours. |
| Wednesday 29th | Around Farnhill Moor. Meet Kildwick church 1400 hours. |

The best laid plans of mice and men:.....

I am sure that at some time, like me, every one will wonder how carefully made plans can go disastrously wrong. Plans for a scheduled day with every task each allotted its own time, can all be thrown out of the window by unexpected events,- surprise, if welcome visitors, the cancelled train, the break down of an appliance or car, even the discovery that the flour which is essential for that special cake you intended baking, is out of date! When plans go wrong all too often it is easy to give in to disappointment but it maybe that where we find ourselves is where God intended us to be.



In Mark's gospel we read that Jesus ordered his disciples to get into a boat and go ahead to Bethsaida on the other side of Lake Galilee. What follows next is the story of Jesus' miraculous walk on the stormy waves and how, after he had calmed the wind, they crossed the lake together and landed not at Bethsaida as planned but the thickly populated region of Gennesaret. Why they had intended to go to Bethsaida we will never know but the remarkable healing miracles where the sick were healed, some having so much faith in Jesus that they only wanted to touch the hem of his garment, show that he had not been willing to be put off by frustrated plans. Where ever Jesus went in Gennesaret's towns and villages sick people were brought to him.

"and as many as touched him were made whole" Mark 6 . 56.

A miracle can be described as an event contrary to the laws of nature or a really amazing and fortunate event. However we individually interpret the word we would agree that there is a great mystery attached to the word. The miracles of Jesus point to his exceptional healing power and also the people's unquestionable faith in him. Today his power and our faith are just as important, as at Gennesaret, in the work of healing which Christ has committed to his Church.

What a wonderful picture is painted in the first verse of an old familiar hymn.

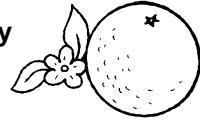
*"At even, ere the sun was set
The sick, O Lord, around Thee lay
O in what divers pains they met
O with what joy they went away".*

We may not witness miracles like that but I think the last verse of that hymn is relevant to today and that healing is taking place in divers ways every day.

*"Thy touch has still its ancient power
No word from Thee can fruitless fall
Hear, in this solemn evening hour.
And in Thy mercy heal us all".*



Two recipes suitable for an early summer supper.



Carrot and Orange Soup

450g (1lb) carrots
1 Medium onion
25g (1oz) butter
900ml (1 ½ pts) chicken stock
1 level teasp. sugar

Salt and pepper to taste

Grated rind of 1 orange
Juice of 4 oranges
(Carton can be used)

1. Peel and thinly slice carrots and onion. Melt butter in a pan; add carrots and onion, cook gently for 10mins.
2. Add stock, sugar, salt and pepper. Bring to boil, cover and simmer for approx. 30mins.
3. Cool slightly then liquidise or press through a sieve. Add orange rind and juice and check seasoning.

Serve hot or cold

Suitable for freezing

Chicken in sweet and sour sauce



4 chicken breast portions
1 tablesp. veg. oil
1 onion peeled and chopped
2 tablesp. soft brown sugar
3 tablesp. wine vinegar

432g tin pineapple pieces
300ml (1/2 Pt) apple juice
300ml (1/2 Pt) chicken stock
Salt and pepper
1 tablesp. cornflour

- Heat oil in a large saucepan and brown chicken pieces on each side then remove from pan. Fry onions in pan for a few mins.
- Stir in the sugar, vinegar, pineapple, apple juice, stock and seasoning.
- Return chicken to pan then cover and simmer for 30 mins. Or until chicken is tender.
- Blend cornflour with a little water; add to pan and stir until thickened.

Serve with new potatoes and a green vegetable.

ELLACOMBE CHIMES

Bell ringing is a team effort and we don't always have enough ringers to be able to ring. In the late 1800s the Rev. H.T. Ellacombe invented a chiming mechanism which enabled one man to 'ring' all the bells.

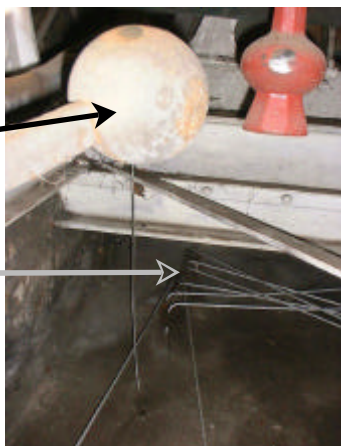
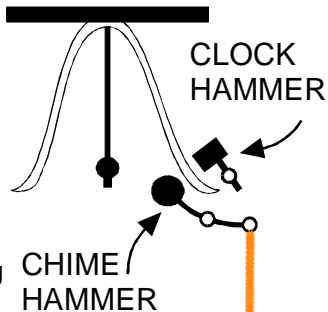
It is the ropes of this device you can see running up the wall of the bell chamber. The ropes are clamped at the bottom, and the action of pulling a rope causes a hammer to strike the inside of the bell.

(The clock uses different hammers for chiming the time).

The chimes were restored in April 2001

A chime hammer

The ropes criss-cross the floor of the bell chamber before running down the wall to the cabinet



WE NEED BELLRINGERS

If you are interested in ringing please contact

Peter Ford

01535 655441

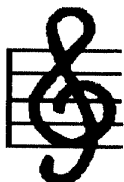
Practise night is
Wednesday 8pm - 9pm

See you there.



Music Teacher

Piano, Organ & Theory
All levels
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